

SMALL GATHERING / PRACTICAL CHECKLIST

Good conversation. Then a little movement.

For business owners bringing a few people together around electronic music.

1 Start with the people, not the equipment.

- ☐ Choose a small group with a genuine reason to meet. Include partners or spouses if that suits the evening.
- ☐ Ask what they enjoy: conversation, dinner, listening, dancing - or a mix. Nobody needs to perform.
- ☐ Check music preferences before inviting everyone. Share a short sample, not just a genre label.

2 Make the room easy to enjoy.

- ☐ Leave clear space to move, plus a comfortable place to sit and talk away from the speakers.
- ☐ Test your existing speakers first. Check the actual connection, volume control and playback device.
- ☐ Keep cables out of walking paths. Use soft lighting; skip rapid flashing and eye-level lasers.

3 Agree on a few essentials.

- ☐ Confirm the time, address, guest count and when music should finish. Consider neighbors and venue rules.
- ☐ Keep water available. Make alcohol optional, and give guests an easy way to decline dancing.
- ☐ Ask before taking or sharing photos. Keep private business conversations private.

MUSIC / ATMOSPHERE / SIMPLE FLOW

Let the evening build. Leave room to be yourself.

A flexible outline, not a performance schedule. Adjust it to the people in the room.

ARRIVE

Talk + settle in

LIFT

Share the music

UNWIND

Keep it easy

4 Choose the energy together.

- ☐ Begin at a level that supports conversation. Turn up only when people are ready and the space allows it.
- ☐ Pick a musical direction together: warm house grooves, atmospheric progressive, uplifting trance or energetic D&B.
- ☐ You do not need to know dance steps. Start with a gentle weight shift, soft knees and relaxed shoulders.

5 Invite participation without pressure.

- ☐ Join in yourself; offer a simple move people can copy. Let them watch, sit out or find their own rhythm.
- ☐ Use short bursts of movement with breaks. Keep moves comfortable and make space for different abilities.
- ☐ If the room prefers talking, let it. A good evening does not need a full dance floor.

YOUR THREE DECISIONS

Who is coming? _____

What music feels right? _____

When does it finish? _____

Want to share an evening? Find the introduction-call link on the Business Beats website.

Music and movement are personal ways to unwind; this guide does not promise a health outcome.